Spinach	Beet
Goosefoot Family	Goosefoot Family
Difficulty to save seeds:	Difficulty to save seeds:
☑ Easy □ Difficult	☑ Easy □ Difficult
Quinoa Goosefoot Family Difficulty to save seeds: ☑ Easy □ Difficult	 Lamb's Quarter & Orach Goosefoot Family Difficulty to save seeds: ☑ Easy □ Difficult
Chard	Amaranth
Goosefoot Family	Goosefoot Family
Difficulty to save seeds:	Difficulty to save seeds:
☑ Easy □ Difficult	☑ Easy □ Difficult
Miscellaneous Goosefoot Family Difficulty to save seeds: ☑ Easy □ Difficult	

Chenopodiaceae – Goosefoot (Amaranth) Family Amaranth, beet, chard, huauzontle, lamb's quarters, orach, quinoa, spinach