

Seed Saving Level:

Lettuce



Lactuca sativa

Strategies to reduce cross-pollination:

No special requirements. You can plant as many varieties of lettuce right next to each other and they will be fine.

Harvesting: Allow the lettuce to bolt and let the flowers develop. When about half of the flowers have turned white and fluffy, cut the stock off and put it upside down in a brown paper bag to continue to dry. Remove white fluff and collect seeds.

Envelope tips: When saving seeds, consider including the following on the envelopes: color, slow bolting, suitable for winter, days to maturity, type of leaf: loose-leaf, crisphead, romaine/cos, butterhead.